

U3A 'Over the Hill Mob'
Walk Programme for 2026
Group Walks Monthly on the 4th Wednesday
Group Leader: Isabel Watson
Tel: 01387 721704 / 07710 559315
Email:
watsonisabel40@gmail.com

NB: 1) All walkers walk at their own risk.
 2) If you intend to make your own way to the start of a walk then let the leader know in advance 3) Appropriate footwear is essential on all walks. Also bring waterproof clothing, spare jumper, packed lunch, drinks, torch and a personal first aid kit.
 4) Grades: C= Gentle; B= Moderate; A= Strenuous

January 28th
Leader Archie T 07866 358184
Ecclefechan area: C+/7/800

From Ecclefechan on country roads & gravel paths towards Burnswark Hill. Mostly continual gradual incline until steep slope of the hill itself. Bog, marsh & uneven thick grassland leads to the top of the hill. Park on road near Ecclefechan Hotel.
NY 193 746 Ex 322 Leave Homebase c/p 9am

February 25th
Leader Steve T 07831 105635
Annan Area: C/8.4/300'

Park in Annan, then through town to reach river beyond football ground, then down river via castle site to Barnkirk Point and Newbie Cottages. Return along the shore then back to Annan by Newbie.
NY 194 667 Ex 322 Leave Brooms Rd c/p 9am.

March 25th
Leader Isabel T 07710 559315
Ross Bay Circular: C+/9/945'

Lollipop walk from Nun Mill Bay to Ross Bay via Senwick Woods and Senwick Old Church (remains of) Tracks, road, some open hillside.

NX 656 486 Ex 312 Leave Homebase c/p 9am

April 22nd
Leader Alistair T 07583 754101
Waterbeck: B / 7 / 820'

Circular walk starting in Waterbeck, incorporating Peat Hill and Grange Fell. Tracks, minor roads, and open moor and hill.

NY 248 776 Ex 323 Leave Homebase c/p 9am

May 27th
Leader Dot T 07864 269736
Hadrian's Wall: C/8/1100

A circular walk from Steel Rigg car park (charges apply) past Peatrigg and Long Side to reach Hadrian's Wall

at King's Wicket. Return along the Wall via Housesteads to start. Good footpaths and tracks, with some short, sharp ascents. Muddy in places. Optional entrance to English Heritage Housesteads. Historic Scotland membership secures free entry with membership card.

NY 750 676 Lr 86 OL 43 Leave Homebase c/p 9am

June 24th
Leader Hugh T 07730 302240
Leadhills Area: B/9.5/1312'

Circular route, mainly tracts and heathery hillside. Crossing to Waterhead, down to restored railway line, past golf course and skirting Broadlaw and Howkwood. Stream to cross.

NS 923 171 Ex 329 Leave Homebase c/p 9am

July 22nd
Leader Irene T 07729 635162
Carlsruith Circular: B+/11/1600'

Carlsruith to Cairnholy, then Claughreid and Cambret farms by minor roads, marshy fields, farm tracks and fences. Historic sites and superb views over Wigtown Bay. Parking - Take the first exit from the A75 on to

Carlsruith old road and park near Carlsruith Bridge
NX 488 547 Lr83 Ex311 Leave Homebase 9am

August 26th
Leader Stuart T 07729 409948
Bargaly Glen: C/9/760

From Kirroughtree Visitor Centre (parking charges apply). A wander alongside the Palmure Burn and through the glen. On country lanes, forest tracks and paths.

NX 452 648 Lr 83 Ex 319 Leave Homebase c/p 9am

September 23rd
Leader Ken T 07926 068934
Lamington Round: C/6/750'

Circular walk from the church car park at Lamington, via Baitlaws and Cowgill Loch. Roads, tracks and open hillside

NS 978 308 Ex 335/336 Leave Homebase c/p 9am

October 28th
Leader Tom T 01387 268513
Talla Water and Lochcraig Head: B/6.25/1650

Gentle climbs with good paths, walls and fences to follow. Views over several reservoirs and lochs. Taking in Molls Cleuch, Firthybrig Head, Lochcraig Head and Nickes Knowe. Park at very small layby at the Megget Stone.

NT 150 202 Ex 330 Leave Homebase c/p 8.30am

November 25th
Leader Jean T 07849 440804
Gatehouse of Fleet: C/7/885'

A circular walk starting from the main car park in Gatehouse to Laghead, then Lagg, and return to Gatehouse of Fleet. Country roads and tracks.

NX 599 562 Ex 312 Leave Homebase c/p 9am

December 9th
Leader John T 01387 262405
Kippford to Castle Point & return: C/5m/100'

A familiar but beautiful walk. Good tracks & some road walking. Park at Kippford Village Hall c/p.
_NX 837 554. Ex 313 Leave Home base c/p 9am